

# FOR YOUTH DEVELOPMENT

FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

# YMCA CAMP Y-NOAH

"Here Let the Fires of Friendship Burn"

**Parent Information Handbook** 

For Overnight Camp & Tall Pines Day Camp

# 2014 Session Dates

OVERNIGHT (	CAMP WEEKS	Themes			Themes	
Week 2a	June 15–18 (Sun–Wed)	Dianta	Week 5	July 6-12	Color War	
Week 2b	June 18–21 (Wed–Sat)	Pirate _	Week 6	July 13-19	Beach	
Week 3	June 22-28	Harry Potter	Week 7	July 20-26	Super Hero	
Week 4	June 29-July 5	4 <sup>th</sup> of July	Week 8	July 27–August 2	Quest	
Week 4a		June 29–July 2 (Sun–Wed) Discover Ranch only		Check In Sundays starting at 2:00pm Check Out Saturdays starting at 9:15am		

DAY CAMP WE	EKS	Themes			Themes	
Week 1	June 9–13	Survival	Week 6	July 14-18	Nature	
Week 2	June 16-20	Sports	Week 7	July 21-25	Science	
Week 3	June 23-27	Art	Week 8	July 28-August 1	Food	
Week 4	June 30–July 4	4 <sup>th</sup> of July	Week 9	August 4–8	Dirt	
Week 5	July 7–11	Water	Week 10	August 11–15	Holidays	

Day Camp Check In starts at 8:45am Sunrise Camp starts at 6:30am Day Camp Pick Up starts at 3:55pm Sunset Camp ends at 6:00pm

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# **Important Notes**

### **Due Dates**

Health and Store Forms must be received by June 1st.

All <u>payments</u>, cabin mate request and changes must be received **2 weeks before camp**. Campers may not be able to attend if payment and forms are not in by the deadline.

### **Electronic Forms**

All camp forms will be completed online. You will receive an automatic email confirming that we have received your forms. Your account was created when you signed up for camp. You will only need to set up online access for your account. If you need help call camp at 330 896 1964.

<u>Health Form:</u> <a href="http://goo.gl/VRG3tL">http://goo.gl/VRG3tL</a> Store Form: <a href="http://goo.gl/TwKUCV">http://goo.gl/TwKUCV</a>

### Check In Times

Sunrise Camp - 6:30am to 8:45pm Campers can arrive anytime between these hours.

Day Camp - 8:45am to 9:15am. Campers arriving before 8:45 must wait with their parents or be enrolled in Sunrise Camp. Overnight Camp - 2:00pm OR 3:00pm 2:00 for returning campers, 3:00 for new campers.

## Check Out Times (Must Bring Photo ID)

Sunset Camp - 4:15pm to 6pm Campers can be picked up anytime between these hours.

Day Camp - 3:50pm to 4:15 pm After 4:15 parents incure a \$1 per minute late pick up fee. \$25 max

Overnight Camp - 9:15am - 9:30am Sign out 9:30am Parent Show

Ranch Camp - 9:15am - 9:20am Sign out 9:35am Parent Show

## Communicating

Please include your campers name and cabin.

Letters and packages can be left at the dining hall during check in for delivery on a set

day Mailed to: 815 Mt. Pleasant Road Clinton, OH 44216.

One way E-mail: <a href="mailto:ynoahcamper@akronymca.org">ynoahcamper@akronymca.org</a>

Camper Name Village Name Cabin Number 815 Mt. Pleasant Road Clinton, OH 44216

Cell Phone: Please do not send phones with your camper. Campers that bring phones may be sent home.

#### Social Media

SmugMug: View and Purchase All Photos <a href="http://campynoah.smugmug.com">http://campynoah.smugmug.com</a>

Facebook: Updates on Camp plus Lost and Found Gallery <a href="https://www.facebook.com/gotcamp">https://www.facebook.com/gotcamp</a>

Twitter: Talk With Us! @campynoah

Instagram: Daily Photos of Camp <u>@instagram.com/campynoah</u>

Pinterest Fun Board with Great Activities for Your Kids <a href="http://www.pinterest.com/campynoah/">http://www.pinterest.com/campynoah/</a>

YouTube Great Videos of Camp <a href="http://goo.ql/xLYkJ3">http://goo.ql/xLYkJ3</a>

### New For 2014

Payment and forms cannot be accepted at check In.

Campers do NOT need a physical.

All camp forms will be completed online.

Ranch Camp parents Check out in front of the Dining hall.

Letters and packages can be left at the dining hall during check in.

# **Before Camp Begins**

## Cabin Mate/Group Requests

- Subject to availability and limit one request per camper
- Campers must be within 1 year of age
- Send by <u>email</u> at least 2 week before camp

## **Camp Store**

- Daily drink and snack now complimentary
- Requires a prepaid account to purchase souvenirs and clothing
- Submit online form by June 1st to create account

#### For remaining balances:

- Donate to <u>Camp Scholarship</u> or <u>Counselor Appreciation</u> fund (default option)
- Last minute purchases during check out.
- A refund check for balances greater than \$10 mailed approximately 2 weeks after check out

## Changing/Canceling Sessions

- Requires 2 weeks notice
- No charge for changes (subject to availablity)
- For cancellations we can refund fees less weekly \$50 deposit

# **Directions to Camp**

- Google Maps
- Taking I-77, exit at Arlington Road and head south.
- Cross Route 619 and continue to the fork.
- Use the RIGHT fork and continue south on Arlington Road.
- Turn right on Mt. Pleasant Road at flashing light
- Continue 1/2 mile to Camp Y-Noah on the right.

#### **Fees**

- Weekly \$50 deposit is non-refundable
- Full payment is due two weeks before your child's session
- There are no refunds for late arrivals, homesickness, or disciplinary dismissals
- \$25 charge for returned checks

#### **Forms**

- <u>Health forms</u> do not require a physician's signature
- Submit by June 1st

### **Adding on Sessions**

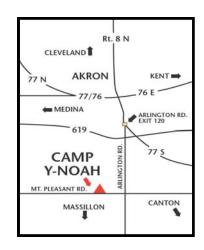
- · On Wednesday, if there are openings, counselors will ask campers about staying an additional week.
- We will call the parents of campers who express interest to see if the parents would like to extend their camper's stay.
- It may be possible for campers to stay through the weekend with laundry service provided.
- Payment is due before the session starts.

### Let Us Know

- Of changes in contact information
- Of major events in your child's life: School problems, illness in the family, divorce/separation, parent overseas/military.
- While we respect your family's privacy, this information helps us care for your child's needs and ensure they have a good time at camp.

## **Annual Campaign**

(Financial Assistance)
Camp Y-Noah strives to offer
programs to everyone, regardless
of their ability to pay. We
provide financial aid through our
Annual Campaing, and the
generous support of the United
Way of Summit County.
Applications are available by
request at 330 896 1964, or
online at www.gotcamp.org.



# Challenges at Camp

## **Behavioral & Dismissal Policy**

- Campers are to respect themselves, others, and camp.
- Staff is trained to handle a wide variety of behavioral challenges.
- Camp has established 2 types of unacceptable behavior.

#### General disruptive behavior:

- Profanity, verbal abuse, a generally uncooperative attitude, etc.
  - 1. Counselors will have a discussion with camper to modify the behavior.
  - 2. The Village Director and/or Camp Director will help with the process.
  - 3. We will contact you to work jointly to modify the behavior.
  - 4. If these attempts fail the camper may be sent home.

#### Dangerous and overly disruptive behavior:

- Theft, damage of property, assault of any kind, possession of weapons, alcohol, illegal drugs, tobacco, etc.
  - 1. The camper will be brought immediately to the Director.
  - 2. The Director will contact the parents to discuss the issue.
  - 3. At the Director's discretion the camper may be sent home.

If a camper is dismissed, parents are responsible for transportation and no refunds will be issued.

We reserve the right to dismiss campers from the program without warning.

#### **Cell Phones**

- Campers are not allowed to have cell phones at camp.
- Phones hinder growth in independence and self confidence
- Phones can have content that conflicts with Camp's Values
- Campers who bring phones to camp may be sent home.

Ensure your camper gets the most from camp by

- Discuss any concerns with us before camp about communicating with your camper.
- Have campers give you their phone before camp.
- Stay in touch by mail or e-mail during camp.
- If you become "Campersick" during the week, call camp for an update on your camper.

### **Bedwetting**

- Staff always deal with bed wetting discreetly.
- Campers should ask counselors for help to prevent accidents.
- Please notify the counselor at check-in if your camper may wet the bed.
- You may send a plastic sheet/extra bedding if needed.

### **Severe Weather Policy**

Severe thunderstorm/tornado watches: Programs will continue under caution

Severe thunderstorm/tornado <u>warnings</u>: Staff will bring campers to a secure building and all camp provided transportation will be suspended until warnings have expired

### **Homesickness**

- Before camp be positive and excited about the experience.
- Telling campers they can call/come home encourages homesickness.
- Staff make every effort to ease the transition to camp.
- Initial letters home often have strong feelings of homesickness.
- Homesickness worsens dramatically when campers speak with parents.
- We will contact you if homesickness interferes with a campers experience.

# While Your Child is at Camp

### Meals

- Vegetarian, gluten free, and other special diets can be accommodated.
- Note any dietary needs on the enclosed Health Form or contact our <u>Food Service Director</u>.

#### Overnight Campers

- Please do not send any food to Overnight Camp.
- Food in the cabins attracts animals and can create sharing problems.

#### **Day Campers**

- Will be served lunch in the dining hall or a sack lunch
- May bring a lunch or healthy snack

#### Mail

- Send to: YMCA Camp Y-Noah 815 Mt. Pleasant Road Clinton, OH 44216
- Send one way email to <a href="mailto:ynoahcamper@akronymca.org">ynoahcamper@akronymca.org</a>
- Include camper's village name and cabin number on envelopes or subject lines. This information will be available at check in.
- Please send stamps and pre-addressed envelopes with your child.

## **Spiritual Emphasis**

- Based on the Akron Y's 5 Values: Caring, Honesty, Respect, Responsibility, and Faith
- Emphasized through all of our programs
- Daily chapels, devotionals, and graces
- Personal goal setting and growth through our Rag and Leathers Program

### **Swimming**

- Campers will swim test the first day. They may retest on Wednesdays.
- Lifequards are trained to determine swim level for our lake.
- Red (non/weak swimmers) will swim in the shallow area with a lifejacket.
- Yellow (intermediate swimmers) will swim in the shallow area without a lifejacket.
- Green (strong swimmers) can swim in the shallow area without a lifejacket or the deep with a lifejacket.

### **Parents**

- For safety and privacy of our campers we do not allow parental visits during camp.
- If your child will be picked up early complete an Early Departure Form at check-in.

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Camper Name

Clinton, OH 44216

Village Name Cabin Number 815 Mt. Pleasant Road

# **After Camp Ends**

## **Contact with Camp and Summer Staff**

- Camp Y-Noah will reach out to families and maintain this very important connection.
- If your child wishes to contact a counselor, please send letters to camp

### **Lost and Found**

- Staff make every effort to help campers keep track of their belongings.
- The YMCA is not responsible for personal possessions.
- Lost and found is kept for 2 weeks after each session.

Overnight Camp: Please look over the lost and found by the check out table when you sign out.

Day Camp: Lost and Found will be displayed on the porch outside the Camp Store each week.

# **Registering for Next Summer**

- Registration for summer 2015 opens on June 1, 2014
- For your best value make a deposit before leaving camp this summer.
- Savings decrease as the year passes so the earlier you sign up the more you save.

# **Camp Health Care Policies**

### **Medical Care**

- Campers must have a completed <u>Health Form</u> by June 1st.
- Counselors have 1st Aid and CPR training to deal with any minor accidents.
- Registered Nurse on-call 24 hours a day
- City of Green Paramedics provides EMS transportation. We will make every attempt to reach you or emergency contacts.

Please note: Medical insurance and emergency transportation cost are the responsibility of the parents.

### Medication

#### Overnight campers

- All medications must be handed in to the Health Officer in their original containers at check in.
- Prescribed medications must be clearly marked with the child's name, medication, and physician.
- Prescription medication can only be administered as directed on the bottle.
- For dosage changes bring a signed note from the physician describing the new dosage.
- Medication will be distributed at meal times and before lights out.

#### Day campers

Medications will be collected on Mondays and administered as prescribed on the container.

### When We Will Call Home

During camp we will contact you if your child:

- is involved in a physical fight, regardless of injury
- has received an injury to the head
- is recommended to see a physician or is required to visit the emergency room
- · has suffered a fluid depleting illness for more than 8 hours
- has a temperature above 101 degrees
- is having difficulty feeling comfortable in camp life

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# **Bus Policies**

# **Day Camp Transportation**

- To use the bus you must sign up.
- There are always three staff members on the bus.
- The bus operates like a school bus and CANNOT WAIT for tardy pick up or drop off.
- For safety, a parent or guardian must wait with the child until the bus arrives, and sign-out the child at the end of the day. In the afternoon, if a parent/quardian is not waiting the camper will be brought back to camp for pickup.
- Drop off / pick up sites will be notified of any delays due to traffic. You may be called if there are issues with your child.

# **Bus Safety Rules**

- Please review the rules with your child prior to the first day of camp so they can continue using the bus transportation.
- 1. Bring only water on the bus, no food or drink on the bus.
- Remain seated in the same seat while the bus is moving.
- 3. Keep the aisle clear by keeping your arms, legs, and bags in your seat.
- 4. Pay careful attention to instructions the camp staff and the bus driver may give you.
- 5. Please do not bring toys or electronics onto the bus as they create too much distraction.
- 6. Do not distract the bus driver (i.e. don't try to get truck drivers to honk their horns).

Bus Stop Sites Pick up D	Prop off
Riverfront YMCA Bus A 7:30am 4	l:25pm
Resnik Elementary Bus A 8:05am 4	l:55pm
University Park Bus A 8:30am 5	:20pm
Wadsworth YMCA Bus B 7:50am 4	l:40pm
Lake Anna YMCA Bus B 8:20am 4	l:55pm
Green Family YMCA Bus B 8:50am 4	l:05pm

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# **Overnight Camp Information**

# Overnight Camp Check-In: 2:00pm Returning Campers 3:00pm New Campers

- 1. At the Welcome Booth receive your cabin assignment.
- 2. Park and leave luggage for delivery to the cabins.
- 3. For special dietary needs, medications, or medical concerns please go to the Dining Hall.
- 4. Check your camper into the cabin and meet their counselor.

## **Overnight Camp Check-Out**

- Arrive at the dining hall between 9:15 and 9:15 with picture ID.
- Pick up your departure packet and any medication.
- Check Lost and Found for your child's belongings.
- Attend the Parent Program from 9:30 to 10:00.
- Ranch Parents will Walk to the Ranch for the Parent Program from 9:35 to 10:05.

## What to Bring

Please be sure to have your child's name on all items. Packing with your child helps them bring everything home.

Sleeping Bag

Pillow

Laundry Bag

• Raincoat / Poncho

Jacket /Heavy Sweater

Tennis Shoes (preferably old)

 Hiking Shoes & Creek Shoes

Shower Shoes (Flip flops)

• 2 long-sleeve shirts

7 t-shirts

1-2 sweatshirts

Modest Swim Suit

2 pairs pants / jeans

4-5 pairs of shorts

• 8 pairs of underwear & Socks

Pajamas

Toothbrush / Paste

Deodorant

Comb / brush

Soap & Shampoo

Towels (suggest 2)

Washcloths

• Cap or Hat

Insect Repellent

Ranch campers must bring:

Boots w/ smooth sole &

5-6 pair pants / jeans

Sun Screen

Water Bottle

1/2" heel

# Suggested but not essential:

Disposable Camera

Flashlight

Bucket for toiletries

Single fitted Sheet

Stationary

Stamps

Addressed Envelopes

## PLEASE DO NOT SEND THE FOLLOWING:

Cell phones

• Electronic games

Music players

Weapons

Candy/soda

• Personal sports equipment

Lighters/matches

Pets

Personal vehicles

# A Typical Schedule For Overnight Camper

7:00am Wake up & Early Bird Clinics

7:45am Flag raising

• 8:00am Breakfast

• 9:00am Clinic 1 (archery, canoeing, etc.)

• 10:00am Clinic 2

11:00am Clinic 312:25pm Chapel

• 12:45pm Lunch

• 1:15pm Siesta

• 2:00pm Core 1

• 3:00pm Core 2

4:00pm General Swim Time

• 6:00pm Dinner

• 6:45pm Chaos (structured free time)

• 7:15pm Evening Activity

9:00pm Showers and Vespers

# **Day Camp Information**

## **Drop Off and Pick Up**

- Day camp is 9:00 am to 4:00 pm each day. <u>Please watch your speed as there will be many campers on site</u>.
- Please bring a photo ID to pick up your camper every day.
- Plan for 5 minutes each day to sign in and out of camp. This is an excellent time to check with the staff about your child's day.

### Sunrise and Sunset Camp

New This Year! Sunrise/set will give campers more time at camp each day and make scheduling more flexible for parents.

- Sunrise campers can arrive as early as 6:30am. All campers who arrive by 8am will receive breakfast.
- Sunset campers can stay at camp as late as 6pm.
- The cost for either program is \$25 a week.

Day campers who check in before 8:45 or remain after 4:15 will be charged \$1/minute up to \$25. This fee can be applied to Sunrise/set camp.

#### **Before and After Care**

- Campers may be dropped off as early as 6:30 AM and picked up as late as 6:00PM at our YMCA branches.
- The cost for either morning or evening care is \$25 per week.
- The Extended Hours Program has limited space. All payments, reservations, and arrangements must be made directly through the <u>Riverfront</u>, <u>Green</u>, <u>Lake Anna</u>, <u>University Park</u>, or <u>Wadsworth</u> YMCAs.

## What to Bring

We suggest you pack the following items for your child each day:

- Back Pack or Bag
- Swim Suit

Towel

Hat

• Raincoat/Poncho

Water bottle

- Sweater / Sweatshirt
- Insect repellent/Sun Screen
- Closed toe shoes

\*Please mark all items with your child's name as Camp Y-Noah is not responsible for lost items

## What not to Bring

- Cell phones
- Electronic games
- Music players

- Valuables
- Candy/soda
- Personal sports equipment
- Lighters/matches
- Pets
- Personal vehicles

# A Typical Schedule For Tall Pines Day Camp

•	9:00am	Arrival meet your group and counselor	•	12:30pm	General Swim Time, boating, craft
•	9:20am	Chapel	•	1:45pm	Snack/ Change Time
•	9:45am	Clinic 1 (Archery, Canoeing, Crafts, etc.)	•	2:15pm	Clinic 3
•	10:40am	Clinic 2	•	3:00pm	Theme Game/ Free-Time
•	11:45am	Lunch	•	3:50pm	Load bus/check out

# **Camp Activities**

- Campers will participate in 7 different program areas: Creative Arts, Equestrian Center, Nature, Sports and Recreation, Target Sports, Teambuilding, and Waterfront.
- Within each program area, there may be 3-8 different individual, age appropriate activities selected for your camper. Specific activities may change weekly to provide more variety during the summer.

# **Adding on Sessions**

- Registration can be taken until 4:30 p.m. the Friday 10 days before the week you want.
- Payment in full must be made at the time of registration.
- Unfortunately, we cannot guarantee space, as programs are sell out.

# Information from Camp

- Each Monday the director's letter will provide information about your child's weekly schedule, special events during the
  week, lunch menu, and any other important information.
- Each day campers will have a communication sheet from their counselor with activities from the day and information about
  your camper's experience. Please ask your child for these each day and provide any notes you would like the staff to know.

# **Year-Round Opportunities**

### **Youth**

We continue our commitment to youth development year round. Programs like <u>Kids Night Out</u> give campers the opportunity to reconnect with camp while spending an overnight with our staff.

### Family Camps

<u>Family Camp</u> on Memorial Day Weekend and Alumin Weekend on Labor Day weekend gives you a chance to enjoy summer camp with family and friends. Groups of families can reserve cabins together and enjoy shared meals in the dining hall.

### **Equestrian**

For campers who want to continue learning more about horseback riding we have <u>Riding Lessons</u> year round at the Firestone Equestrian Center. We offer five, eight-week sessions of riding lessons year-round.

### Leadership

In addition to our excellent LIT and CIT summer program, the Akron YMCA runs a year-round <u>Leaders Club</u> for teens interested in building upon the teamwork and leadership skills they learned in camp. This service club meets once monthly and participates in social events, leadership retreats, and projects that give back to our community.

### **Enroll**

Call camp at 330 896 1964 or go to <a href="www.gotcamp.org">www.gotcamp.org</a> to signup for any of our year round activities.

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# Y-Noah Advisory Board and Staff

### **Advisory Board**

Michelle Burke Parma, Ohio

Robert Chordar

Green, Ohio Jim Cross

Green, Ohio

Oscar Hunsicker III Cuyahoga Falls Michael Koly Uniontown, Ohio

Todd Kotler Massillon, Ohio

Brent Kuwatch North Canton, Ohio

Michael Kormushoff Fairlawn, Ohio

John Malloy Uniontown, Ohio Robert Marinelli North Canton, Ohio

Joe Moran Hudson, Ohio

Cindy Sarver Green, Ohio

Betty Schadl Green, Ohio

Kevin Swank (Chair) Uniontown, Ohio Anne Vainer Bedford, Ohio

### Year-Round Staff

Michael D. Ohl Executive Director

Michael Landry Summer Camp Director

Rachel Wacker OLC Director Dawn Housley Office Manager

Susan Garside Equestrian Director

Bob Taylor Facilities Director

Vicki Caruso

Food Service Director

# The American Camp Association



The American Camp Association (ACA) strives to implement the best practices for camps. There are over 240 standards for a camp including facility, food service, program design, safety and transportation. YMCA Camp Y-Noah has been accredited by the ACA for over 20 years, meaning we have consistently met or exceeded the standards of best practice.

For more information go to www.acacamps.org and click on Kids & Families.